

# 2021 Lenten Calendar

## A Carbon Fast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>17 – Ash Wednesday</b> Remove one light bulb and live without it for the next 40 days	18 Check for drafts with a ribbon or feather. Fix them.	19 Tread lightly: walk or bike instead of driving	20 Are you recycling everything possible?
21 Encourage someone to join your carbon fast	22 Turn your heat down by one degree (or more)	23 No Standby: Turn off and unplug appliances not in use	24 Unplug your mobile phone charger when not in use	25 Climate change affects the poor. Pray for Tearfund and donate.	26 Give your dishwasher a day off, air dry instead	27 Shop Local: Shop at the nearest grocery store or farmers market
28 Call your local politician: take action on climate change	<b>March 1</b> Skip today's shower	2 Find out what your utility companies' plans are to go green	3 Snub single use: use reusable containers instead	4 Start a new habit: switch off lights as you leave the room	5 Use a microwave to cook instead of the stove or oven	6 Cut the air miles: don't consume or buy any flown in food (local instead)
7 Pray for those who farm that this year we will not have hunger	8 Compost: put all food scraps in the yard waste. Build your own bin.	9 Laundry: Only run when you have a full load and on cold instead of hot	10 Find one way to save paper today	11 Check your faucets and toilets for leaks and drips	12 Talk to your city council: recycling, yard waste, composting?	13 Start a vegetable garden: even if it is just planting one pot on a balcony
14 "Love does no harm to its neighbor" Romans 13:10	15 Check your tire pressure: make sure it is full	16 Put jugs of water in your fridge. Water retains cold better than air.	17 Find a green organization and sign up for their newsletter	18 Find a new fact about the impact of climate change and share it	19 Go meat-free today	20 Join your local Buy Nothing group on Facebook and gift something
21 Embrace the silence: No TV, radio, phone, car, computers	22 Stop Junk Mail: Call catalogs to stop receiving mail	23 Is your boiler insulated? Get a insulation jacket	24 Re-use something	25 Replace the bulbs in your house with energy efficient CFL/LED bulbs	26 Bring reusable bags to the grocery store	27 Talk to your church leaders: could your church be greener?
<b>28 – Palm Sunday</b> Find out about "Eco Palms" for next year's Palm Sunday	29 Pick up trash in your neighborhood	30 Find out about doing a home energy audit	31 Hang clothes to dry instead of putting them in the dryer	<b>1 – Maundy Thurs</b> Replace the light bulb from Ash Wed. with a CFL or LED bulb	<b>2 – Good Friday</b> Look into a green burial	<b>3 – Holy Saturday</b> How many of these habits can you keep doing?